

## Career and Cultural Education Experience

### Day 1

**9:30 - 10:00** Split into two groups. Alternate a tour of Mohyla Institute with check in.

**10:00** Everyone gathers in the lounge.

**10:10** Walk to the U of S campus.

**10:30 - 12:00** Tour university campus.

**12:30 – 1:15** Lunch break. View the Holodomor display.

**1:15 - 2:00** Train students on clean up procedures. Students are split into five groups. Responsibilities include: cleaning up left over food, washing dishes, washing tables, sweeping floors, and mopping floors.

**2:00 – 2:30** Presentation about Ukraine and Ukrainian culture.

**2:30 – 4:00** Cooking workshop - potato and cheddar perogies from scratch!

**4:00 - 4:30** Small group activities - cook the perogies, fry onions, cut fruit and veggies, clean dining room, etc.

**4:30 - 5:30** Supper break. Eat the perogies we made!

**5:30 - 6:30** Clean up.

**6:30 - 7:15** Ukrainian dance presentation.

**7:15 - 7:30** Personal time for journaling or studying.

**7:30 - 8:15** Poetry and cultural readings.

**8:15 - 8:45** Music lesson. Possibilities include Ukrainian instruments like bandura, Ukrainian folk songs, etc.

**8:45 - 9:00** Make old fashioned popcorn.

**9:00 - 10:30** Watch movie, *Soviet Story*. Follow with discussion of 1932-33 famine genocide in Ukraine.

**10:30** Get ready for bed. ½ the group showers.

### Day 2

**7:30** Wake up. ½ the group showers.

**8:00 - 9:00** Breakfast. Two groups help make breakfast while the other groups eat. Switch.

**9:00 - 9:30** Clean up.

**9:30 - 10:30** Career presentations. Discussion on skills and skill development.

**10:30 - 11:15** Stitching workshop. Make a book mark, pillow case or hand towel.

**11:15 - 11:30** Personal time for journaling or studying.

**11:30 - 12:30** Lunch break.

**12:30 - 1:00** Clean up.

**1:00 - 1:30** Choir lesson and/or play soccer.

**1:30 - 1:45** Quiz

**1:45 - 2:30** Clean resident rooms, pack belongings and check out.